

WELL@SME

MENTAL WELLBEING IN SMEs

Project Completion and Outcomes

We are excited to announce the successful completion of the **WELL@SME - MENTAL WELLBEING IN SMEs** project! After months of collaboration, we've achieved our goal of improving mental health awareness and support in workplaces across Europe. **Discover the impactful outcomes of the [MentalHealth4Work](#) project!** Explore our final results, access a range of **free resources**, and learn more about how we're making a difference in workplace mental health.

What we've achieved? Throughout the project, we focused on creating a robust framework that brings together key stakeholders from a wide range of sectors, including, **companies and SME associations, mental health experts, NGOs, educators and trainers.** By fostering these partnerships, we've been able to develop tools to help businesses prioritize mental health, and create healthier work environments.

Well@SME Key Achievements:

Unified Framework: We created a powerful **methodological framework** that connects companies, SMEs, mental health experts, NGOs, and educators **to promote better mental health** practices at work.

Multiplier Events: We hosted impactful events across partner countries, culminating in a final conference in Copenhagen where participants from various organisations focused on Mental Health and wellbeing in the workplace, and how this can be relevant to danish international workplaces.

Transnational Project Meeting: The final TPM was held in Copenhagen, where partners came together to finalize all project materials and celebrate its successful completion.

Ongoing Resources: The tools and strategies where developed, such as **self-directed e-learning courses, a series of podcast from expertise, and a multi-lingual data base** that provides best practices and policies will continue to support businesses in prioritizing mental health.



We want to extend our heartfelt thanks to everyone involved—our partners, experts, and the public—for your continued support and engagement throughout this journey. Together, we’ve made significant strides in addressing workplace mental health, and although the project has come to an end, the impact will continue to benefit workers and organizations for years to come.

Visit [MentalHealth4Work](#) to dive deeper into our achievements and take the next step toward a healthier work environment!

About “WELL@SME: Mental Wellbeing in SMEs”

The "WELL@SME: Mental Wellbeing in SMEs" project responds to the needs of employees and business managers/owners, designing and making available personalized resources, tools and strategies to prevent and deal with work stress and negative effects of conditions on mental health. The project aims to create and develop flexible trainings, to promote positive mental health in the workplace, adapted to the specific learning needs of owners and employees.

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